



530 S Bradford Ave
West Chester, PA 19382

WEEKLY SCHEDULE

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Vinyasa
(rotation)
8:30-9:30 am

Hatha (rotation)
10-11 am

Sunday
Specials*

Vinyasa (Leah)
9:30-10:30 am

Hatha (Jamie)
6:15-7:30 pm

Hatha (Ian)
6:00-7:00 am

Yin (Elizabeth)
6:30-7:30 pm

Hatha (Leah)
9:30-10:30 am

Gentle (Jamie)
12:30-1:30 pm

Vinyasa
(Elizabeth)
6:30-7:30 pm

Gentle (Jamie)
5:30-6:30 am

Hatha (Lauren)
9:30-10:30 am

Gentle (Leah)
10-11 am

Hatha (rotation)
8:30-9:30 am

Prenatal (Leah)
10-11 am

*Sunday Specials:

Second: Sound Bath 12-12:45 pm (Elizabeth)

Fourth: Kirtan 11:15-12 pm (Lenny)

Sign up now!



Advance booking required. Most classes limited to 10 students.
Schedule Subject to Change. Please scan QR Code for most updated availability.